

(CONFIDENTIAL: All information in this form remains confidential and will be released only on your written permission)

PATIENT'S FULL NAME _____ AGE ____ SEX ____ BIRTHDATE month/day/yr ____/____/____

NAME YOU PREFER TO BE CALLED _____ PARENT'S NAMES _____

ADDRESS _____ CITY _____ POSTAL CODE _____

HOME PHONE _____ PARENT'S WORK PHONE _____ (Mother, Father, Other)

PARENT'S EMAIL ADDRESS _____ FAMILY PHYSICIAN _____

SPECIALIST _____ PERSONAL HEALTH NO. _____

WHO REFERRED YOU TO THIS OFFICE? _____

PRESENT HEALTH PROBLEMS: PLEASE LIST MOST IMPORTANT HEALTH CONCERNS / PROBLEMS

MEDICATIONS:			SUPPLEMENTS:			ALLERGIES: (to medications, pollens, animals or food)
	Now Frequency	Past		Now Frequency	Past	
ASPIRIN	___	___	VITAMINS	___	___	
TYLENOL	___	___	MINERALS	___	___	
ANTIBIOTICS	___	___	FLUORIDE	___	___	
DECONGESTANTS	___	___	HERBS	___	___	
_____	___	___	_____	___	___	

CHILDHOOD ILLNESSES:			IMMUNIZATIONS: (age given, any adverse reactions?)		
___ CHICKEN POX	___ SCARLET FEVER	___ MONONUCLEOSIS	___ DPT (Diphtheria, Pertussis, Tetanus)		
___ MEASLES	___ RHEUMATIC FEVER	___ EAR INFECTIONS	___ MMR (Measles, Mumps, Rubella)		
___ MUMPS	___ STREP THROAT	___ TONSILLITIS	___ POLIO		
___ RUBELLA	___ PNEUMONIA	___ OTHER _____	___ HAEMOPHILUS INFLUENZA type B (Meningitis)		
			___ HEP-B (Hepatitis B)		

PATIENT'S MEDICAL HISTORY:			SURGERIES (YEAR & TYPE)		
	Now	Past	Never		
ACNE	___	___	___	EPILEPSY/SEIZURES	___
ALLERGIES	___	___	___	FATIGUE	___
ANEMIA	___	___	___	FREQUENT INFECTIONS	___
ASTHMA	___	___	___	HEADACHES	___
BED WETTING	___	___	___	HEART MURMUR	___
BIRTH DEFECTS	___	___	___	HIGH FEVER	___
COLIC	___	___	___	HYPERACTIVITY	___
CONSTIPATION	___	___	___	INSOMNIA	___
COUGH/WHEEZE	___	___	___	JAUNDICE	___
CRADLE CAP	___	___	___	LEARNING DISORDER	___
DEPRESSION	___	___	___	MOODINESS	___
DIARRHEA	___	___	___	STUFFY NOSE	___
DIZZY SPELLS	___	___	___	THRUSH	___
EARACHES	___	___	___	VOMITING SPELLS	___
ECZEMA	___	___	___	OTHER _____	___
EXPOSURE TO:					
CIGARETTE SMOKE	___	___	___		

HOSPITALIZATIONS (YEAR & REASON) _____

INJURIES/ACCIDENTS (YEAR & CAUSE) _____

OTHER CONDITIONS _____

FAMILY HISTORY: INCLUDE BLOOD RELATIVES ONLY

FATHER (age)* _____ MOTHER (age)* _____ BROTHERS (ages)* _____ SISTERS (ages)* _____

* If deceased, Please list age at death and circle.

IDENTIFY ALL FAMILY MEMBERS WHO HAVE EVER HAD ANY OF THE FOLLOWING (INDICATE FAMILY MEMBER BY F for FATHER, M for MOTHER, B1, B2, S1, etc.).

___ ALCOHOLISM	___ BLEEDING DISORDER	___ HEART DISEASE	___ OBESITY
___ ALLERGIES	___ CANCER of _____	___ HEARING LOSS	___ STOMACH ULCERS
___ ANEMIA	___ COLITIS	___ HIGH BLOOD PRESSURE	___ STROKE
___ ARTHRITIS	___ DIABETES	___ HYPOGLYCEMIA	___ THYROID DISORDER
___ ASTHMA	___ ECZEMA	___ KIDNEY DISEASE	___ TUBERCULOSIS
___ BIRTH DEFECTS	___ EPILEPSY	___ MENTAL ILLNESS	___ OTHER _____

DOES PATIENT HAVE ANY OF THE ABOVE? _____

IF YES, WHICH ONES
_____**PRENATAL / BIRTH / FEEDING HISTORY:**

1. MOTHER'S HEALTH DURING THE PREGNANCY WITH THIS PATIENT

___ AGE	___ TRAUMA/INJURY	___ ALCOHOL CONSUMPTION	___ OTHER _____
___ BLEEDING	___ STRESS	___ DRUGS	___ TOXEMIA
___ NAUSEA	___ HIGH BLOOD PRESSURE	___ SMOKING	
___ ILLNESS	___ X-RAYS	___ MEDICATIONS _____	

2. TERM _____ PREMATURE _____ FULL _____ BIRTH WEIGHT _____

3. WAS PREGNANCY / BIRTH _____ EASY? _____ DIFFICULT? _____ C-SECTION?

4. FEEDING OF INFANT

BREAST FED _____	HOW LONG? _____	COW'S MILK? _____
FORMULA FED _____	HOW LONG? _____	TYPE OF FORMULA _____
AGE SOLID FOODS BEGUN _____	WHAT FOODS? _____	
ANY FOOD ALLERGIES OR INTOLERANCES? _____	TO WHAT FOODS? _____	

5. SAMPLE DAILY DIET (Choose a typical day and include food and liquids)

6. PREVIOUS PREGNANCIES BY NATURAL MOTHER AND ANY COMPLICATIONS

SOCIAL HISTORY:

1. PARENTS:	___ MARRIED	___ SEPARATED	___ DIVORCED
MOTHER'S OCCUPATION _____	___ FULL TIME	___ PART TIME	
FATHER'S OCCUPATION _____	___ FULL TIME	___ PART TIME	
2. OTHER GUARDIAN: _____	RELATIONSHIP _____		
3. OTHERS RESIDING IN HOME _____	RELATIONSHIP _____		
4. DAYCARE/PRESCHOOL/SCHOOL: HOW MANY HOURS EACH DAY? _____	# DAYS OF THE WEEK? _____		
5. INTERACTION WITH RELATIVES: WHO? _____	HOW OFTEN? _____		

DO YOU HAVE ANY OTHER HEALTH CONCERNS YOU WOULD LIKE TO DISCUSS? PLEASE EXPLAIN.
_____WHAT IS YOUR INFANT'S / CHILD'S / ADOLESCENT'S DISPOSITION?

INFORMED CONSENT TO TREATMENT

1. I understand that the practitioner will only employ the principles and practices of Naturopathic Medicine for assessment and treatment.
2. I understand that any therapies recommended will be explained to me in full by the practitioner, and that I will give consent to treatment based on informed consent.
3. I understand that the practitioner will recommend medicines when appropriate from an online and onsite dispensary, as well as, from external pharmacies but I am under no obligation to purchase.
4. I understand that I can accept or reject this care by my own free will and choice at any time.
5. I understand that the practitioner is not able to anticipate and explain all risks and complications.
6. I understand that any advice given to me as a patient by the practitioner is not mutually exclusive from any treatment or advice I may now, or in the future, be receiving from another health care provider.
7. I understand that I am at liberty to seek, or to continue medical care from another health care provider qualified to practice in BC.
8. I understand that the practitioner is not suggesting to me to refrain from seeking the advice of another health care provider.
9. I understand that the practitioner reserves the right to determine which cases fall outside of her scope of practice, and an appropriate referral will be recommended.
10. I understand that the services offered here are not covered by MSP, and that fees are payable at the time of the appointment, including fees for services, prescriptions, and laboratory tests.
11. I understand that should the practitioner need more time to properly assess and treat during a scheduled appointment that I will be charged for the additional time.
12. I understand that from time to time the practitioner may run behind schedule due to unforeseeable circumstances, and as a result, the start of my scheduled appointment may be delayed.
13. I understand that 48 hours notice is required for appointment cancellation; otherwise, I will be responsible for the cancellation fee.
14. I am not an agent of any private, local, provincial, or federal agency attempting to gather information without so stating.

As a patient of Dr. Sjovold I have read, understood and agree to the above statements.

Signature: _____ Date: _____

INFORMED CONSENT FOR COMMUNICATION

Dr. Sjovold values her relationship with you and would like to send you information electronically relating to her practice. In order to do this, she is collecting your consent to receive electronic messages from herself in the form of appointment reminders, newsletters, upcoming events and other practice related information. Please take a moment to select either "OPT IN" or "OPT OUT". Opting in will provide Dr. Sjovold consent to communicate with you electronically. Opting out will indicate that you do not wish to receive any electronic communication from us.

☐ **OPT IN**

☐ **OPT OUT**

Signature: _____ Date: _____